

## **ABSTRACT**

The present invention provides a disposable cryotherapy device for the treatment of hemorrhoids. The cryotherapy device includes a hollow rectal insert with a wall that defines a plurality of slots. The device further includes a sleeve with an open end such that the rectal insert can slide into the sleeve. The sleeve covers the slots defined by the wall of the rectal insert. A frozen healing medium is located within the hollow rectal insert and is preferably formulated to provide about 5 minutes of cooling prior to melting during treatment of hemorrhoids or rectal tissue. The rectal insert is substantially cylindrical in shape and has a rounded end. The disposable cryotherapy device is preferably individually packaged. In another embodiment, the disposable cryotherapy device is an external applicator.